



THE PIG-in the Cotswolds

Treatment Menu

LUMINANCE BRIGHTENING FACIAL

A luxurious treatment designed to even out the skin's complexion, tone and appearance for a radiant glow. An exfoliating massage delivers ultra-refined luminosity and provides intense hydration for a youthful look and feel. Packed with the brightening benefits and relaxing scent of Orange Blossom, you will leave refreshed and rejuvenated. Upgrade to a 90-minute treatment to start your facial with a deeply relaxing back, neck and shoulder massage, with or without hot stones.

UPPER BODY UNWIND

This personalised massage targets your back, arms, face and scalp. Your treatment begins with a warm exfoliation of the back, followed by a soothing massage, and finishes with a facial where your skin is thoroughly cleansed and treated with a facial balm perfectly tailored to your needs. Upgrade to a 90-minute treatment and feel the stress melt away as your therapist delivers a soothing massage to promote deep restoration and muscle relief.

HOT STONE MASSAGE

This deeply indulgent treatment combines the power of aromatherapy oils and volcanic hot stones to help melt away any tension you may be holding onto. Hot stones help to ease your stress and improve blood circulation, leaving you feeling rejuvenated and revitalised. With each stone movement being equivalent to 10 hand movements, you can trust that this massage will provide a truly luxurious and therapeutic experience for your body and mind. Upgrade to a 90-minute experience to include a divine facial massage with one of our specialist facial oils to complete your top-to-toe experience.

CLASSIC SCULPT PRESCRIPTIVE FACIAL

Perfectly tailored to meet your skin's unique needs. This treatment includes a facial massage designed to contour and sculpt, leaving your skin visibly plump and lifted. Your therapist works with traditional Gua Sha stones to refine and relax stressed-out skin, promoting a naturally radiant and hydrated healthy complexion. Upgrade to a 90-minute treatment to start your facial with a deeply relaxing back, neck and shoulder massage, with or without hot stones.

BESPOKE MASSAGE

Indulge in our bespoke full body massage, where we craft a personalised experience just for you. Our skilled therapists use a carefully blended selection of natural oils to help your body and mind really relax, and tailor the massage to make it truly unique and personal to your specific needs. Upgrade to a 90-minute experience to include a facial massage with one of our specialist facial oils for the ultimate head-to-toe experience.

MUM TO BE

Melt away in this truly luxurious massage – it's the ultimate relaxation for mums to be. Your bump is treated to a gentle exfoliation, cleanse and a nourishing remedy balm designed to improve skin elasticity while you enjoy a soothing scalp massage. Upgrade to a 90-minute experience to include a facial massage with one of our specialist facial oils.

(Suitable for those in their second and third trimester)

All treatments are £125 for 60 minutes
£170 for 90 minutes

Please speak to our reception team before booking a treatment if you are within your first trimester of pregnancy.

BODY WRAPS & SCRUBS

SALT GLOW EXFOLIATION MASSAGE - 60 MINUTES, £125

A deep, full body exfoliation and massage using Himalayan pink salt and natural white sea salts to refine and smooth your skin. After showering, relax with a gentle, nourishing massage.

MUSCLE RECOVERY WRAP - 90 MINUTES, £135

Our customised body wrap harnesses the incredible power of magnesium and turmeric to improve sleep and reduce muscle pain. An anti-inflammatory lavender mask is applied to the body while your therapist gives you a relaxing foot massage to leave you rested and refreshed.

DIGEST & DETOX WRAP - 90 MINUTES, £135

This treatment begins with a luxurious superfood body brush, followed by a body mask packed with vitamins and antioxidants to reduce inflammation and stimulate collagen production. While wrapped in the mask, enjoy a reflexology-inspired foot massage to aid digestion and relaxation. After showering, your treatment finishes with a nourishing oil massage.

HAND & FOOT TREATMENTS

We use UK based 'GelBottle' polish to look after and nurture your nails whilst giving you beautiful colour all at the same time. Every product is 100% vegan and PETA-certified cruelty-free.

60 MIN GEL MANICURE - £55

Your manicure starts with cuticle care and nail shaping before the nails are painted with very thin layers of gel overlay. After each coat, the nails are placed into an LED lamp to set within 30 seconds. Once completely dry, your treatment will finish with a gentle exfoliation and hand massage.

60 MIN MANICURE - £45

This treatment includes exfoliation, cuticle work and a hand massage. Your nails will be beautifully shaped and polished with a nail varnish of your choice.

60 MIN GEL PEDICURE - £65

Your pedicure starts with cuticle care and nail shaping before the nails are painted with very thin layers of gel overlay. After each coat, the nails are placed into an LED lamp to set within 30 seconds. Once completely dry, the feet will be scrubbed to remove any hard skin, and the treatment will finish with a foot massage.

60 MIN PEDICURE - £55

This treatment includes hard skin removal, a nourishing and conditioning foot scrub, followed by cuticle care and a foot massage. Your nails will be beautifully shaped and polished with a nail varnish of your choice.

30 MIN GEL REMOVAL - £10

Your gel polish will be gently removed by your therapist before shaping your nails, giving the cuticles some love and finishing with a moisturising balm.

** Please ensure you book a gel removal service if you will be wearing gel at your appointment.*

** Pedicures are carried out in the treatment rooms*

Experiencing Fieldhouse

Fieldhouse is open to everyone – from 9am – 6pm daily, all you need to do is book your experience with our team.

Treatments

To book a treatment at Fieldhouse you can book online, call us on 01285 740000 or email us at info@thepiginthecotswolds.com We will give you a short consultation form to fill in for your therapist when you arrive. A light homemade treat and refreshing drink will be offered for you to enjoy after your treatment – on us! If you would like to spend some down-time before or after your treatment at Fieldhouse, you can book 60 minutes in the spa for £30 per person.

Wellbeing

Spend time soaking in the surroundings with 60 minutes at Fieldhouse, including use of the sauna, steam room, outdoor heated hydrotherapy pool & garden terrace.

60 minutes at Fieldhouse - £30 per person (Treatments not included)

To book please call our team on 01285 740000 or email us at info@thepiginthecotswolds.com

If you are staying at THE PIG-in the Cotswolds, use of Fieldhouse is included in your stay, but we suggest you call ahead to book the times that suit you most during visit – just call our team to book.

You will be given a locker to help keep your valuables, footwear, clothing and personal items safe while you enjoy the relaxing areas around our Fieldhouse. Inside your locker, you'll find a fresh robe and flip flops to use whilst with us. Swimwear must always be worn in the hydro pool, sauna & steam room. This is your time to completely switch off – so please keep your phone on silent or tuck it away in your locker.

OUR PRODUCT HOUSE

Tribe517

We've teamed up with our friends at Tribe517 to help you unwind and completely relax in our quiet and calming treatment rooms.

Tribe517 are a family-run, natural and award-winning skincare brand who handcraft their products in the beautiful south Wales countryside. Ours was a friendship that was meant to be – Tribe517 share THE PIG's ethos of using homegrown and ethically sourced botanical ingredients that help care for the planet as well as mind and body.

Just like us, Tribe517 are passionate about the provenance of their ingredients, which include their own honey. They are also committed to getting the million details right: from recycling and re-using everything they possibly can, to crafting in small batches to ensure the best quality.

Our Tribe517 products are suitable for anyone who has nut-based allergies on the skin.